

EDIBLE PERENNIALS FOR NEW ENGLAND LANDSCAPES

The following is a partial list of perennials that can be grown for food, spices, and beverages and are hardy in New England.



Chinese Chestnut



Heartnut



Hardy Almond



European Hazelnut

NUTS

Chinese Chestnut (*Castanea mollissima*), **English Walnut** (*Juglans regia*), **Black Walnut** (*Juglans nigra*), **Heartnut** (*Juglans cordifolia*), **Buartnut** (*Juglans x bisbyi*), **Northern Pecan** (*Carya illinoensis*), **Shellbark Hickory** (*Carya laciniosa*), **Hican** (*Carya illinoensis x ovata*), **Hardy Almond** (*Prunus amygdalus*), **Korean Nut Pine** (*Pinus koraiensis*), **Hazelnut** (*Corylus spp.*)



Schisandra



Asian Pear



Honeyberry



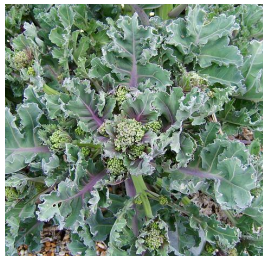
American Persimmon

FRUITS

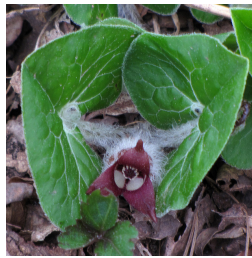
Mulberry (*Morus nigra*, *M. rubra*, *M. alba*), **Chinese Mulberry** (*Cudrania tricuspidata*), **Persimmon** (*Diospyros virginiana*), **Sweet Cherry** (*Prunus avium*), **Sour Cherry** (*Prunus cerasus*), **Nanking Cherry** (*Prunus tomentosa*), **Bush Cherry** (*Prunus japonica x P. jacquemontii*), **Quince** (*Cydonia oblonga*), **Apple** (*Malus spp.*), **European Pear** (*Pyrus communis*), **Asian Pear** (*Pyrus pyrifolia*), **Shipova** (*Sorbus x Pyrus*), **Peach** (*Prunus persica*), **American Plum** (*Prunus americana*), **Beach Plum** (*Prunus maritima*), **Juneberry** (*Amelanchier spp.*), **Pawpaw** (*Asimina triloba*), **Hardy Orange** (*Poncirus trifoliata*), **Cornelian Cherry** (*Cornus mas*), **Goumi** (*Elaeagnus multiflora*), **Goji** (*Lycium barbarum*), **Seaberry** (*Hippophae rhamnoides*), **Honeyberry** (*Lonicera kamchatika*), **Currants and Gooseberries** (*Ribes spp.*), **Black Chokeberry** (*Aronia melanocarpa*), **American Elderberry** (*Sambucus canadensis*), **Blueberry** (*Vaccinium spp.*), **Huckleberry** (*Gaylussacia spp.*), **Cranberry** (*Vaccinium macrocarpon*), **Lingonberry** (*Vaccinium vitis-idaea*), **Raspberry** (*Rubus idaeus*), **Thornless Blackberry** (*Rubus fruticosus*), **Strawberries** (*Fragaria spp.*), **Hardy Kiwi** (*Actinidia arguta*, *A. kolomikta*), **Grape** (*Vitis spp.*), **Schisandra** (*Shisandra chinensis*), **Rugosa Rose** (*Rosa rugosa*)



Groundnut



Sea Kale



Wild Ginger



Welsh Onion

VEGETABLES AND HERBS

Jerusalem Artichoke (*Helianthus tuberosum*), **Asparagus** (*Asparagus officinalis*), **Ostrich Fern** (*Matteuccia struthiopteris*), **Giant Solomon's Seal** (*Polygonatum biflorum* var. *commutatum*), **Sweet Cicely** (*Myrrhis odorata*), **Sweet Coltsfoot** (*Petasites japonicus*), **Lovage** (*Levisticum officinale*), **Rhubarb** (*Rheum rhabarbarum*), **Good King Henry** (*Chenopodium bonus-henricus*), **Chicory** (*Cichorium intybus*), **Dandelion** (*Taraxacum officinalis*), **Sea Kale** (*Crambe maritima*), **Turkish Rocket** (*Bunias orientalis*), **Climbing Spinach** (*Hablitzia tamnoides*), **French Sorrel** (*Rumex acetosa*), **Comfrey** (*Symphytum officinale*), **Stinging Nettle** (*Urtica dioica*), **Wood Nettle** (*Laportea canadensis*), **Chinese Artichoke** (*Stachys affinis*), **Groundnut** (*Apios americana*), **Oyster Plant** (*Scorzonera hispanica*), **Skirret** (*Sium sisarum*), **Chinese Yam** (*Dioscorea batatas*), **Multiplier Onion** (*Allium cepa aggregatum*), **Walking Onion** (*Allium fistulosum bulbifera*), **Spring Onion** (*Allium fistulosum*), **Chives** (*Allium schoenoprasum*), **Garlic Chives** (*Allium tuberosum*), **Garlic** (*Allium sativum*), **Wild Leek** (*Allium tricoccum*), **Daylily** (*Hemerocallis fulva*), **Fennel** (*Foeniculum vulgare*), **Wild Ginger** (*Asarum canadense*), **Horseradish** (*Armoracia rusticana*), **Lemon Balm** (*Melissa officinalis*), **Catnip** (*Nepeta cataria*), **Mints** (*Mentha* spp.), **Bee Balm** (*Monarda didyma*), **Oregano** (*Oregano vulgare*), **Marjoram** (*Origanum majorana*), **Rosemary** (*Rosemarinus officinalis*), **Sage** (*Salvia officinalis*), **Roman Chamomile** (*Matricaria nobilis*), **Thyme** (*Thymus vulgaris*)